

# Blessed Builders Sober Living Phases

Note: All Policy rules and guidelines remain the same for all phases. Phase changes made are for curfew, mentor check ins, and overnights/out of towns.

## **Phase one:** (Phase one is minimum of 30 days)

\*9:30pm curfew.

\*Check in with Mentor 2 times per day.

\*Update when you leave house - where you go and who you're with.

\*No overnights or out of towns passes allowed.

## **Phase two:** (Phase two a minimum of 6 months)

\*11pm curfew

\*Check in w/ mentor 2-4 times per week

\* Up to 2 over nights or out of town passes per week -need to know location and who you will be with.

## **Phase three:** (Phase 3 until you move out)

\*12am curfew Mon-Thurs 1am Fri-Sun.

\*Check in with mentor 1 time per week.

\* Up to 4 over nights or out of town passes per week -need to know location and who you will be with.

**If any policy rules or guidelines are broken, you risk being removed from Blessed Builders sober home immediately. In some situations, other measures will be taken place such as not being able to phase up or having to phase down with possible house arrest. Depending on what rules or guidelines that are broken or not achieved will determine how long you will remain on phase one and/or house arrest or being removed from Blessed Builders sober home temporally or permanently.**

**House arrest- House arrest means you can only leave for work, and NA/AA meetings (must be documented and signed on meeting sheet), groceries and needs you must go with someone in your sober house or approved person.**