

# Blessed Builders Sober Living Phases

Note: All Policy rules and guidelines remain the same for all phases. Phase changes made are for curfew, mentor check ins, and overnights/out of towns.

## **Probation Period:** (Until Employment/Schedule is established)

\*Can ONLY leave the sober house for TWO hours a day for productive activities only.

(Examples: gym, job hunting, meetings, family time, groceries, church)

\*Check in with Mentor 2 times per day.

\*Get staff/mentor approval when you leave the house and where you are going.

\*This period is determined by you, once you are employed and have your entry fee paid in full you will go to phase one.

## **Phase one:** (Phase one is minimum of 30 days)

\*9:30 pm curfew.

\*Check in with Mentor 2 times per day.

\*Update when you leave the house - where you go and who you're with.

\*No overnights or out of town passes allowed.

## **Phase two:** (Phase two a minimum of 6 months)

\*11pm curfew

\*Check in w/ mentor 2-4 times per week

\* Up to 2 over nights or out of town passes per week -need to know location and who you will be with.

## **Phase three:** (Phase 3 until you move out)

\*12am curfew Mon-Thurs 1 am Fri-Sun.

\*Check in with your mentor 1 time per week.

\* Up to 4 over nights or out of town passes per week -need to know location and who you will be with.

**House Meetings:** For every 1 minute you're late you will be put on phase one for one day. If you miss house meeting completely you will be put on phase one for 30 days unless BBM board determines otherwise. (Treatment is the only excuse we allow to miss a house meeting; work is not an excuse)

**Employment:** If you do not get employment within 4 weeks of moving into Blessed Builders sober home you will remain on the probation period or will be discharged from the program. If you quit a job before finding new employment you will stay or go down to phase one with possible added house arrest depending on the circumstance. (Exceptions to this can be made If appropriate)

**Checking in:** If you're not checking in with your assigned mentor as your phase requires you will not phase up until you are constantly checking in.

**Substance use:** If you fail a drug screening while living at Blessed Builders sober living home you WILL be Removed from the house temporarily or permanently.

**House Vehicles:** If house vehicles are not used appropriately, you will get privileges taken away.

**Behavior:** If you are not respecting others in the house or if any violence occurs you will be removed from the house temporarily or permanently.

**Theft or damage:** If any intentional theft or damage is done to BBM's property or house guests' property you will be removed from the house temporarily or permanently.

**Cleaning/Chores:** If your area of the room is not clean and/or you are not cleaning up after yourself you will have added chores to do and will stay on phase one or phase down to phase one. Extra chores may be added if you're not doing your assigned chore.

**Rent:** If your rent payment is late, you go down to phase one. If you are on phase one already, house arrest will be added. (RHAP guests subject to removal after 12 weeks)

**Law abiding:** We are a law abiding program. If you are not abiding by the law, you risk being removed from the house, and your probation officer and/or police will be notified. If you are not doing your breathalyzers or keeping up with the drug patch and/or other programming that's court ordered, you will stay on phase one or phase down for a length of time determined by the board. If you do not have your driver's license but own your own vehicle you cannot be driving. Your probation officer will be notified, and you will risk being removed from the house.

***I understand the BBM's phase rules and consequences.***

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## **PLEASE NOTE:**

**If any policy rules or guidelines are broken, you risk being removed from Blessed Builders sober home immediately. In some situations, other measures will take place such as not being able to phase up or having to phase down with possible house arrest. Depending on what rules or guidelines that are broken or not achieved will determine how long you will remain on phase one and/or house arrest or being removed from Blessed Builders sober home temporarily or permanently.**

**House arrest- House arrest means you can only leave for work, and NA/AA meetings (must be documented and signed on meeting sheet), groceries and needs you must go with someone in your sober house or approved person.**

**Probation Period- This period is for guests who come in without employment or an established schedule. During this time, you will focus on job hunting and recovery only. Once employment is established you will move up to phase one. YOU must show proof of employment to both Sober Living staff and Mentor/Director.**

**EXCEPTIONS TO EMPLOYMENT: Must have a means to pay rent without employment. Must be in school or volunteering, if not working.**