Blessed Builders Sober Living Phases

Note: All Policy rules and guidelines remain the same for all phases. Phase changes made are for curfew, mentor check ins, and overnights/out of towns.

****Probation Period:** (Until Employment/Schedule is established and entry is paid)

*Can ONLY leave the sober house for TWO hours a day for productive activities only. (Examples: gym, job hunting, interviews, meetings, family time, groceries, church) **Curfew is 9:30pm.** Some exceptions to this rule is: **approved** sharing of live locations or going with upper management

*Check in 2 times per day. Morning plan and evening recap of the day.

*Get staff approval when you leave the house and where you are going.

*This period is determined by you, once you are employed and have your entry fee paid in full you will go to phase one.

*** Entry fee must be paid in full within 2 weeks of moving in or subject to discharge.**

Phase one: (Phase one is minimum of 30 days)

*9:30 pm curfew.

*Check in 2 times per day. Morning plan and evening recap of the day.

*Update when you leave the house - where you go and who you're with.

*No overnights or out of town passes allowed.

Phase two: (Phase two a minimum of 6 months)

*11pm curfew

*Check in 1 time per day- with your daily plan.

* Up to 2 over nights or out of town passes per week -need to know location and who you will be with.

Phase three: (Phase 3 until you move out)

*12am curfew Mon-Thurs 1 am Fri-Sun.

*Check in 1 time per week- with your week recap and next week plan.

*Up to 4 over nights or out of town passes per week -need to know location and who you will be with.

***Management has the right to know where you're at and who you're with at all times.

House Meetings: For every 1 minute you're late you will phase down for one day. If you miss house meetings completely you will phase down for 30 days unless BBM board determines otherwise. (Treatment is the only excuse we allow to miss a house meeting; work is not an excuse)

Recovery meetings: If you miss the 4 weekly required recovery meetings, you will phase down the following week. Only one zoom meeting is allowed per week unless otherwise approved. Other consequences may be implemented if continued to miss required meetings.

Employment: If you do not get employment within 4 weeks of moving into Blessed Builders sober home you will remain on the probation period or will be discharged from the program. If you quit a job before finding new employment you will stay or go down to probation phase with possible added house arrest depending on the circumstance. (Exceptions to this can be made If appropriate)

Checking in: If you're not checking in as your phase requires you will not phase up until you are constantly checking in.

Substance use: If you fail a drug screening while living at Blessed Builders sober living home you WILL be Removed from the house temporarily or permanently.

House Vehicles: If house vehicles are not used appropriately, you will get privileges taken away.

Behavior: If you are not respecting others in the house or if any violence occurs you will be removed from the house temporarily or permanently.

Theft or damage: If any intentional theft or damage is done to BBM's property or house guests' property you will be removed from the house temporarily or permanently.

Cleaning/Chores: If your area of the room is not clean and/or you are not cleaning up after yourself you will have added chores to do and will not phase up. Extra chores may be added if you're not doing your assigned chore, If continued you will phase down.

Rent: If your rent payment is late, you go down to **Restrictions/House Arrest**.

Law abiding: We are a law abiding program. If you are not abiding by the law, you risk being removed from the house, and your probation officer and/or police will be notified. If you are not doing your breathalyzers or keeping up with the drug patch and/or other programming that's court ordered, you will stay on phase one or phase down for a length of time determined by the board. If you do not have your driver's license but own your own vehicle you cannot be driving. Your probation officer will be notified, and you will risk being removed from the house.

My signature below indicates that I have received (and reviewed) a copy of these phases and that I fully understand the above expectations and agree to abide by them. I understand that if phases and guidelines change while I am still a guest at BBM sober living this signature agrees to all new and updated phases and guidelines.

Signature: _____ *Date:* _____